

Village Voice

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July 2023

It's good to be back! Thank you to everyone for your support during this difficult time for me. I would like to give a special thanks to Sue Stang and Sally Carpenter for stepping up during my absence.

Let's make July a month of celebration and fun! We need a month of appreciation for what we have in life. Let's appreciate each other in our community. We all come from different backgrounds and skills. Let's all be thankful we have such wonderful residents in our community.

Volunteers don't get paid, not because they're worthless, but because they are priceless. We have noticed that the same residents keep volunteering. It is necessary to have volunteers in order to enjoy all the social events held in the clubhouse. It would be good to see some new volunteers along with our trusty standbys. There are many different ways to help.

Tom Huss, President

Social Committee Reminders

Tuesday July 11th Association Meeting is going to be a catered meal. The menu will be spaghetti, salads, and dessert. We need you to sign up by Friday July 7th. We want to order enough for everyone so no one goes hungry. The cost for the meal is \$8.00/person. Social starts at 4:30, dinner at 5:00, and meeting following dinner.

Tuesday August 8th This will be our 3rd annual Picnic Dinner at the club house. The menu has not been finalized as of yet. For sure there will be brats, hamburgers, baked beans, and a few other sides. Instead of a sign-up sheet, there will be a registration form in the August Voice. The registration form will need to be turned in by the date indicated on the form with your payment by cash or check.

Here are some things that are still being considered. We are still looking at taking the pontoon boat out on Lake Monona. We would be leaving from Tenny Park near the locks.

We are looking at having a dinner out and one of the suggestions is Rex's Inn Keeper in Waunakee. They have entertainment on some nights which would be fun.

Coffee Social: Don't forget to sign-up to host a coffee social, the third Thursday of each month at 9:30. Again, the same folks are having to host because we don't have people signing up.

Reminder the Craft group will not be meeting again till the fall.



Q&A #1

Q: The American Flag by the clubhouse needs to be replaced due to the wear and tear of the edges.

A: The Flag has been ordered.

Q&A #3

Q: Why can't a person have potted patio tomato plants?

A: Rules of Residency #15 Gardens/Plantings: Planting flowers in boxes or confiners is allowed and encouraged. Please use natural materials such as clay pots for patio plantings. Please do not plant vegetables in patio pots or foundation in ground plantings. If you have a special landscape or gardening plans or requests, please submit your proposal in writing to Resident Committee. This will allow us to maintain the landscape integrity of the community.

Q&A #2

Q: What do we need to do to make changes to our unit?

A: Please remember we are life leaser's, meaning we do not own our unit. This means if we want to change anything on the inside or outside, we need to complete an improvement request form that goes to Attic Angel. They will evaluate the situation and advise you if your request is approved. You can find the document on the Portal or contact our Residential Manager, Janelle Taylor for assistance.

Misc. Notes

The next foot care is August 3rd.
Call Jane Miller for an appointment at (608)318-0856.

Janelle's July Office Hours

Subject to Change

Thursday July 6th 2:30-4:30

Tuesday July 11th 8:30-4:30

Tuesday July 18th 8:30-2:00

Tuesday July 25th 8:30-4:30



7/2	Patricia Horstmeier
7/2	Martha Wickert
7/3	Vickie Kaufman
7/4	Julaine Stroede
7/7	Susan Knudson
7/17	Sally Carpenter
7/21	Cris Eastin

Residents on the Move:

Unit 866 The Johnsons moved out end of May (Being Shown)

Unit 944 The Mullins moved out end of May (Being Shown)

Unit 962 The Grundahls moved out June 17th.

Tom and Ethel will be missed. Glad they are not far and we hope they will return for Euchre from time to time.

Resident Corner

“A very special Thank You to the people of Olympic Village for honoring me with cards and letters during mail call! I am also grateful to those who came to the airport to welcome us home from the Badger Honor Flight to Washington D.C. on May 20th. It was greatly appreciated and shows the family character of Olympic Village.”

David Schultz

“Hi Friends and neighbors. I want to thank again all who have been helping out with the Clubhouse Security. It is very much appreciated. Of course, we are always looking for volunteers to help out. It only takes about 5 minutes each night for the week. If you would like to learn what is involved, feel free to call or text me at (608)960-0634.”

Dave Mischka

More Resident Corner on next page.

“We want to thank our friends and neighbors for all the help we had before and after the Salad Luncheon. Also, thanks for the variety of salads and the great chicken casseroles. We truly had a great turn out, thank you.

Now all we need is at least one more person to work with Barb Swenson for the next year luncheon. Barb is in unit 884 and can be reached at 608 513-3264.”

Marilyn and Dianne

“This is the time of the year when people with “bad intentions” are searching for ways to get into homes. Our village is not immune. If you are out and about and see an open, unattended garage door at a time when you would expect it to be closed, please take the time to make a phone call or ring the doorbell to let the resident know of the open door. And, if you get such a call or contact, please accept it in the spirit that it was given. It is a neighbor’s attempt to help you stay safe and to keep your property secure.”

Jim Wickert

June Committee Notes

Landscape Committee:

No information submitted by the committee. If you have questions, it would be best to contact a member of the committee.

Resident Advisory Committee:

Attic Angel is working with vendors for a new portal system.

There were 4 wooden decks that were refurbished last month.

Reminder: residents have to pay monthly fees for three months after giving notice of terminations.

Work is being done to reorganize existing rules and regulations for Olympic Village in an effort to reduce confusion. Stay tuned

The code for the front door will be changing the first of August. The new code will be hand delivered to each resident.

Living Safety

It's summer, it's hot, and we are all reminded of the old saying that "only mad dogs and Englishmen go out in the noontday sun." However, the weather is no excuse to be a couch potato. In the morning and in the evening, it is possible to get outside and walk around comfortably. Your body needs exercise. Certainly, some of us have trouble walking, but there are walking aids available, and it is worth getting one if you need it.

To encourage people to walk, please obey the village speed limit. When your walking ability is impaired, vehicles coming at you can cause panic and make you want to stay indoors. Also, please encourage your guests to slow down in the village, and park appropriately. We have recently had people parking part way onto the lawn and also blocking driveways. We need to work together to keep our neighbors safe and happy.

Memories of summers past can be wonderful. You did active things with your children and your grandchildren. You still like to go with them and relive some of those enjoyable times of earlier days. Yet, it is important that you not get so caught up in the moment that you push yourself beyond what your body can handle. None of us are as mobile as we once were, and suffering for days to show that "I can still do what I did in the old days" might not be the wisest decision. The same might be true of the plantings around your unit. They may once have been a source of pride, but if it has become challenging to keep them in first-rate condition and you do not have relatives to help, please contact the Residential Manager about having the plantings reduced to what you can maintain.

Arthur Eggert

Unit 994

Helpful Advice

5 WAYS TO GET THE MOST OUT OF YOUR DOCTOR'S VISIT

1. PREPARE YOUR QUESTIONS AND CONCERNS

Write down three or four questions or concerns ahead of time.

Address each point with your doctor. You should also share any symptoms, medication or over the counter vitamins etc. you are taking, health habits and significant life changes

2. STAY FOCUSED

Don't let the conversation get derailed. Stay focused on why you're there and stick to the point. Be precise about your symptoms, including when they started, how often they occur and if they're getting worse.

3. TAKE NOTES AND ASK FOR CLARIFICATION

Bring a notepad and write things down. Don't be afraid to ask for clarification, correct spelling or reference materials.

4. BE HONEST

Although you may want to hide the truth about habit like smoking, lack of exercise or poor diet, your doctor can only help you if you share the truth about your lifestyle.

5. SHARE FEELINGS

Say something if you feel rushed, confused or uncomfortable. Book another appointment if your doctor didn't adequately address your needs in the time you had. If your doctor doesn't have answers, they may refer you to a specialist. If your doctor disregards your concerns as part of the normal aging process, you should consider getting a second opinion.